

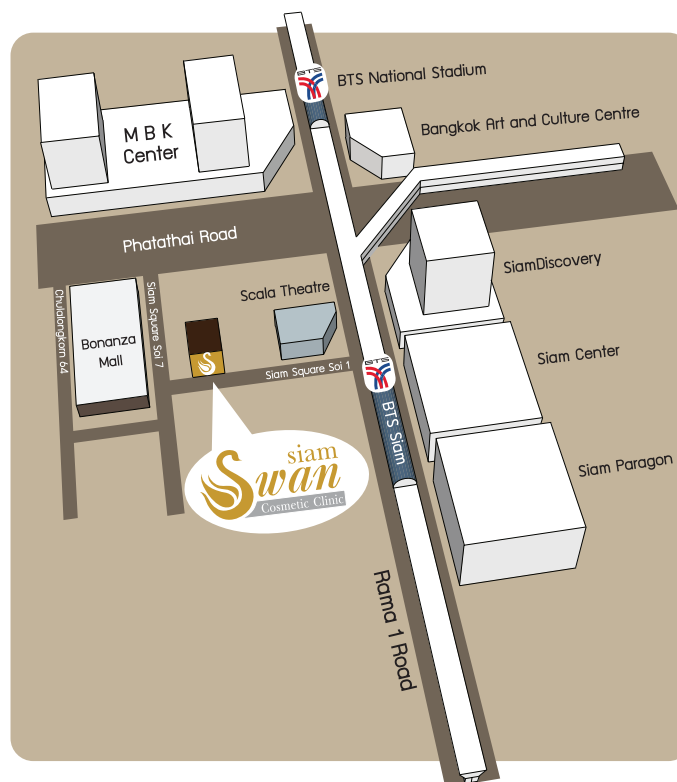
What is recovery like?

After the surgery, the area around the eye will be bruised and swollen for about one to two weeks. Patients should keep their heads up and place cold compress on their eyes periodically. Antibiotic eye drops is required for laser blepharoplasty. Patients can't wear contact lenses for about one to two weeks, since the eyelids may be stiff and sore. Make-up should be avoided for one week. The resulting fine line scars which follow the natural contour of the eyelids tend to fade in about two months.

It may help to wear dark glasses for a few days to remind you not to touch your eyelids. Most people are able to resume their normal activities about a week after the surgery.

If sagging or hooded eyelids are weighing you down, blepharoplasty can eliminate those unwanted bags and wrinkles and help you look as energetic and cheerful as you feel.

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EYE SURGERY

Refreshing your eyes



Eyes are the windows to the soul. They express your feelings, reflecting disapproval, interest, affection and most noticeably, the signs of aging. When that aging occurs we often send out an image that we do not mean to send.

For instance, sagging of the upper lids or bagginess of the lower lids reflects an image of fatigue and disinterest. It may also add years to your face as well as obstructing your vision.

Signs of Aging

Almost everyone develops some aging around the eyes. A combination of excess skin and weak muscle cause sagging of the upper lids. A fold may develop as the skin bulges outward and hangs over the lids. Bags develop under the eyes with age, but young people may have this problem too. Our eyes are surrounded by a protective layer of fatty tissue encased by a membrane that holds the fatty tissue tightly in place. As we age, this membrane weakens, allowing the fatty tissue to slip downward. Skin and muscle are stretched by the protruding tissue, giving a tired appearance.

Eyelid surgery or blepharoplasty can give you a brighter, more youthful appearance.

The Procedure

Blepharoplasty can be performed in your doctor's office, an outpatient surgical facility. It is generally performed under local anesthesia with mild sedation. The procedure can take between one and two hours, depending on the extent of your surgery.

Upper eyelid surgery: Incisions in the eyelid are usually placed in the crease above each eye to correct problems of the upper lid. The incisional length depends on the amount of excess skin. Excess fat and skin will be removed and the wound will be closed with tiny absorbable sutures. By this special wound closure technique, suture mark scar can be prevented.

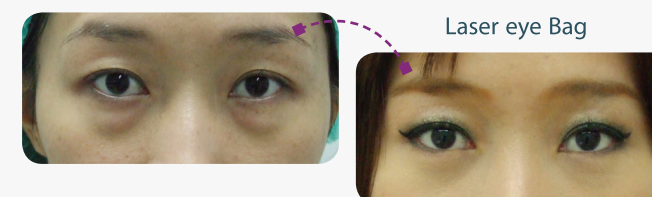
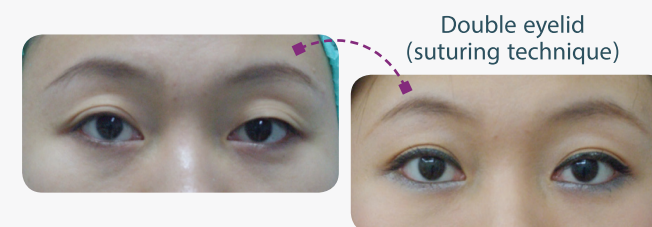
Double eyelid surgery: In case of oriental eyelid, **suturing technique** or **Celebrity eye** is the most popular for creating double lid fold. Natural look, no visible scar and quicker recovery are the privilege you will get.

Lower eyelid surgery: To remove the fatty deposits beneath the eyes (eye bags), the incisions are placed just inside the lower eyelid by **Laser**, called **Laser Blepharoplasty**. After the fat is removed the wound will close by itself. When excess skin and muscle need to be removed from the lower lids, the incisions are placed in the natural smile crease below the lash line. The incisions will be closed with the tiny absorbable sutures.

In case of eye bags with tear trough problem, you can do lower eyelid surgery together with fat injection (Lipofill) to correct both in the same time.

How long do the results last?

The results from eyelid surgery are long lasting. Correcting the puffiness and bags by removing the fat from your eyelids is permanent. Generally these conditions will not recur. However, your skin conditions to age and laxity along the fine wrinkling of the eyelid area may return. Loss of tone in the forehead can also cause additional sagging of the eyebrows. This can be corrected with an Endoscopic brow lift or a secondary eyelid procedure.



*If you would like to learn more about **Blepharoplasty**, please call our office, **Siam Swan Clinic** and schedule a consultation today!*